



MY CHOICES

Advance Directive for My Health Care

Print Your Full Name _____

Date of Birth _____

Social Security Number. _____

These directions apply only in situations when I am not able to make or communicate my health care choices directly.
[Put an X through any sections you are not completing at this time.]

HEALTH CARE REPRESENTATIVE

My Representative may make ALL health care decisions for me as authorized in this document and shall be given access to all my medical records. This appointment applies whether I am expected to recover or not.

I wish to appoint a Representative: Yes No

A. I appoint _____ as my Representative.
Print Representative's full name.

Representative's Address _____

City _____ State _____ Zip _____

Home Phone _____ Cell Phone _____ Work Phone _____

My Representative's authority is effective when I cannot make health care decisions or communicate my wishes. I may revoke this authority at any time I regain these abilities (unless my attending physician and any necessary experts determine I am not capable of making decisions in my own best interest).

If, for any reason, I should need a guardian of my person designated by a court, I nominate my Representative, or Alternate Representative(s), named below.

B. Alternate Representatives

- If
- 1). I revoke my Representative's authority; or
 - 2). My Representative becomes unwilling or unable to act for me; or
 - 3). My Representative is my spouse and I become legally separated or divorced.

I name the following person(s) as alternates to my Representative in the order listed.

1. _____

2. _____

Address _____

Address _____

City _____ ST _____ Zip _____

City _____ ST _____ Zip _____

Home Phone _____

Home Ph _____

Cell Phone _____

Cell Phone _____

INITIAL _____

HEALTH CARE GUIDELINES ABOUT THE END OF LIFE

EXPRESSION OF INTENT TO PHYSICIANS AND CAREGIVERS

If I should be in an incurable or irreversible physical condition, with no reasonable hope of recovery, and I am no longer able to make decisions, regarding my medical treatment; these are my wishes:

CIRCLE EACH SPECIFIC WISH BELOW:

1. I **(do)** or **(do not)** want treatment that only prolongs the dying process.
2. I **(do)** or **(do not)** want treatment to maintain my dignity, keep me comfortable and relieve me of pain.
3. I **(do)** or **(do not)** want Cardio Pulmonary Resuscitation.
4. I **(do)** or **(do not)** want mechanical ventilation (breathing).
5. If I cannot eat, I **(do)** or **(do not)** want a tube inserted in my nose, mouth, or surgically placed in my stomach to give me food.
6. If I cannot drink, I **(do)** or **(do not)** want to receive fluids through a needle or catheter placed in my body.
7. If I have a serious infection, I **(do)** or **(do not)** want antibiotics that would only prolong the dying process.

OTHER SPECIFIC WISHES: _____

INITIAL _____

SIGNING AND WITNESSING THIS ADVANCE DIRECTIVE

A. Your signature [Sign this document in the presence of two witnesses.]

1. I revoke any prior health care advance directive or directions.
2. This document is intended to be valid in any jurisdiction in which it is presented.
3. A copy of this document is intended to have the same effect as the original.
4. Those who act as I have directed in this document shall be free from legal liability for having followed my directions.
5. If my attending physician is unwilling or unable to comply with my wishes, I direct my care be transferred to another physician.

I sign this document on the _____ day of _____ year _____.

Signature Print Full Name

Address _____

City _____ ST _____ Zip _____

Home Ph _____ Work Ph _____

B. Ask Your Witnesses to Read and Sign

I declare that the person who signed this document is personally known to me, and has signed these health care advance directives in my presence, and appears to be of sound mind and under no duress, fraud, or undue influence.

As a witness, I am NOT:

- The person appointed as Representative by this document;
- Financially responsible for this person's health care;
- Related to this person by blood, marriage, or adoption; and
- To the best of my knowledge, entitled to inherit any part of this person's estate under a will now existing or by operation of law.

1. _____ Date _____ 2. _____ Date _____
Signature Date Signature Date

Name _____

Name _____

Address _____

Address _____

City _____ ST _____ Zip _____

City _____ ST _____ Zip _____

Should you choose to have this form serve as Durable Power of Attorney for Health Care, please complete notarization below:

C. Notarizing this Document (Optional)

STATE OF _____)

COUNTY OF _____)

On this _____ day of _____, _____ the said _____ known to me (or satisfactorily proven) to be the person named in the foregoing instrument, personally appeared before me, a Notary Public, within and for the State and County aforesaid, and acknowledged that he or she freely and voluntarily executed the same for the purposes stated therein.

Notary Public for the State of Montana

Residing at _____, MT

My commission expires: _____

INITIAL _____

CONSIDERATIONS

A. Spiritual Preferences

My religion: _____ My faith community: _____

Contact person: _____ I would like spiritual support: Yes No

B. My Preference is to die at:

My Home Hospital
 Nursing Home Other _____

C. Donation of Organs at My Death (if eligible)

- I do not wish to donate any of my body, organs or tissue.
 I wish to donate my entire body.
 I wish to donate only the following: [check all that apply]
 Any Organs, tissues or body parts: Heart Kidneys Lungs
 Bone Marrow Eyes Skin Liver
 Others _____

D. After Death Care: [Care of my body, burial, cremation, autopsy, funeral home preference]

E. Additional Directions: (Use additional pages if necessary)

Signature _____ Date _____

F. Distributing this Document: (Optional)

I plan to send copies of this document to the following people or locations:

Representative: Name _____ **Family Member:** Relationship _____
Name _____ Name _____

Physician: Name _____ **Hospital:** Name _____
Name _____ Name _____

Clergy: Name _____ **Other:** Name _____
Name _____ Name _____

INITIAL _____